



Field Trip Bag Lunches

"Meals that Move"

The CASD Child Nutrition Program is happy to provide CASD students with a nutritious meal even when they leave the school for a day of discovery on a field trip! We call them "Meals that Move" and we pack the class or student meals in a cooler bag to keep them safe during the trip.

Place orders with Chartwells Director at least two weeks in advance for ordering, planning and delivery purposes. Let us know if you want to pick it up at our Central Kitchen located in the McGowan High School or have it delivered to the school from which you are departing.

This service is available to ALL students and may not be limited to only students receiving meal benefits. Please include all students first and last names, meal and beverage choices.



Child Nutrition Contacts are as follows:

Michael Costic- 240-6800 x. 26804
costicm@carliseschools.org

Christopher Paul - 240-6800 x. 26810
c-paulc@carliseschools.org

Laura Evans - 240-6800 x. 16816
evansl@carliseschools.org

*We look forward to serving you and
Have a GREAT FIELD TRIP!
The CASD Child Nutrition Team*

Meal Choices Include:

The Gobbler
Turkey & Cheese Sub
w/Lettuce



Nutty Buddy
PB & J Uncrustable



Hamin' It Up*
Turkey Ham & Cheese Sub
w/Lettuce
*Pork-Free



All lunches served with
Baby Carrots
Fresh Fruit
Milk Choice
(1%, Skim, Chocolate)
Bottled Water \$0.65

